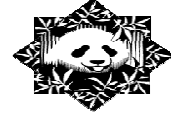


Goldwing Road Riders Association



Chapter WA-P "The Pandas", June 2010



**Chapter Directors
Chuck & Reggie**

Chapter Director's Corner

Hello, to all,

Well hopefully summer, will get here soon. But if it doesn't, we will make the best of it and ride anyhow and have our fun.

For Spring Fling, Reggie, Jim, Ninelle and myself left Longview in the pouring down rain, heading to Woodland to pick up Scott and Cindy and then heading to Vancouver to pick up Dee Hall from CH-X and down the HYW we all went. We were heading to Troutdale to HYW 84 and Oh – Yes it is raining on us, but we pushed on. The further east we would go, the lighter the rain fell. We stopped in The Dallas to see our cousin and eat some of their good vittles, we were there about one hour, and when we came out to ride the SUN had came out too, so ok let's gooooo! From The Dallas to almost the turn off to 395 to Kennewick it was nice, then, came some more light sprinkles, no big deal. When we got to the fairgrounds no rain yeah! This is where we met up with Judy and Jerry, they had come over earlier. So we got our campsite set up and then the heavens opened up. High winds came up and the rain stopped but we did put up with the high winds for the night, but that was ok" no rain." It was getting time for Mel our 50/50 man and our sis from CH-X, Vanora to be pulling into camp. They had to leave after work; they made it in, with no problems.

The stories got started and did not stop till the week-end was done. What a great time we had with great friends that night.

The next morning Bonnie and Ray got into camp. It was good to see them, they had never been there before. So as they set their tent up with all the guys helping it did not take long to get them settled. Then Anna and Wally from CH-M came in and joined us, it is always good to see them and spend time with them.

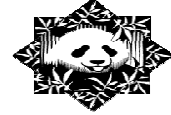
There was a poker run and part of us went on it and the rest of us stayed and went to town. The ones that did the poker run, said it was a great ride, GREAT JOB CH-L. The ones that went to town had a good time, we had to go to the Wal-Mart and while in Wal-Mart Reggie found some flowered leis and brought up an idea of why we needed to get them to wear them at closing and she thought it would be a bright statement if we were all wearing those t-shirts that you get for safety, the real bright ones, with our leis so it looks like we were from the South Pacific. So when everyone got back to camp, she told us what her idea was and then we went off to Wal-Mart to get the shirts and what a STATEMENT we made. Anything for our OYSTER FEED. That night the fire pit got lit, the stories got told, and the songs got sung, "that is what it is all about " that is the why we go to the Rallies, great friends, great stories, great fun, had by all.

GREAT JOB goes to all Ch-L the prime rib dinner was outstanding! The whole week-end was superior, THANK YOU ALL CH-L, and THANK YOU ALL CH-P for going.

I know that in the summer we usually don't do much because we are all gone and all the state rallies are in the 3rd week-end of the month. But this year we are going to try something different, SO keep your eyes and ears open.

Your C.D.s Chuck & Reggie

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Assistant
Chapter Directors
Rick & Marilyn Cade

Well, the riding season is here, at least according to the calendar, but so far not weather wise. I hope a lot of you are going to be able to ride and attend some events this year. I am not going to be able to this year. Marilyn and I are going to take two of our grandkids to Disneyland. It should be quite a trip.

As most of you know our Chapter Directors, Chuck and Reggie, are going to be gone most of the summer. We will miss them, but will love to hear all the stories of their adventures when they get back. Hopefully I will be able to go with them again next year. I really enjoyed traveling with them and would love to do it again.

This summer, if any of you that are staying around have an idea for a good ride, let us know. I am sure that many of us would be up for a day ride or two. For those of you that are traveling, stay safe and enjoy your summer.

Rick

Chapter WA-P Information

The Panda's Gathering Place: The Sizzler

936 Ocean Beach Highway
Longview, WA 98632

1:00PM for Lunch

2:00PM for Sharing

Next Meeting: Under Discussion

June Rides:

Oregon District Rally*	June 17 - 19
Wyoming District Rally	June 17 - 19

July Rides:

Washington District Rally*	July 15 - 17
Montana District Rally	July 23 - 24

August Rides:

OR-G Trivia Pursuit*	Aug. 8
WA-Z Campout*	Aug. 21 - 22
Region I Rally*	Aug. 26 - 28
WA-O Picnic	Aug. 28

Wing Ding* (The Big National Rally)

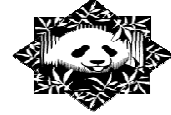
June 29 - July 3, Des Moines IA

Note: The rallies listed for WA-P (*) are the ones that the club is hoping to make. Most of the rallies have already got someone registered to go. All rides leave from Highlander/Splits parking lot. Watch for e-mails from our Chapter Directors, or getting a phone call from the phone tree person, or contact Chuck or Reggie at 360-636-0519 for the times we are leaving.

Chapter WA-P WEB site address is:

<http://www.gwrrawa-p.org>

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MOTORCYCLE TIRE SAFETY TIPS



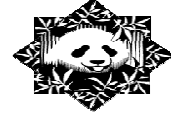
Know Your Pressure Level and Load Limits

- Become familiar with your motorcycle manufacturer's inflation guidelines. Look in your motorcycle owner's manual to find the right PSI (pounds per square inch) of air pressure for your tires. Some bike manufacturers also list this information on the bike itself. Common locations include the swing arm, front fork tubes, inside the trunk, and under the seat.
- Keep in mind that these recommendations are usually dependent upon the weight of you and your passenger, as well as any cargo. For instance, some manufacturers advise adding 3 or 4 PSI when carrying a heavy load. Know your vehicle weight and load, and follow the PSI recommendations specific to your motorcycle. Failure to do so can result in adverse motorcycle handling (wobble and weave) or tire failure, or both.
- Check your tire pressure often and adjust as necessary, using an accurate tire gauge. Motorcycle tire manufacturers recommend checking pressure at least once a week. However, many motorcycle safety experts recommend checking tire pressure and tread wear every time you take your bike out. After all, you ask more of your motorcycle tires than you do your car tires. So it's wise to ensure they're roadworthy each time you ride.

Tire Wear and Care, and When to Buy Replacements

- Take the time to frequently inspect your tires for sidewall and tread groove cracking, punctures, blisters, knots, cuts, excessive or irregular wear. As with tire pressure, it only takes a few minutes ♦ every time you ride is not too often. If you do find any of these tread wear conditions, immediately replace the damaged tire. In addition, most tire safety experts recommend replacing rather than attempting to permanently patch a tire.
- When your tread is worn down to the level of the built-in tread wear bars on your tires,

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the tread won't provide good traction. This is yet another indication it's time for new tires.

- Check your tires for signs of aging, including dry rot and cracking. Even barely used tires become hard with time or exposure to the sun. When tire rubber gets hard and stiff, it tends to crack and cannot grip the road to provide proper traction. So it's wise to replace old or dried-out tires even if they still have plenty of tread on them.
- If you store your motorcycle during winter months, be sure to store it in a cool, dry place, out of direct sunlight ♦ and away from ozone-producing appliances (anything with an electric motor, such as a refrigerator). Additionally, your tires should not come into sustained contact with gasoline or oil. Improper storage will rapidly accelerate the normal aging process, making your tires unsafe.

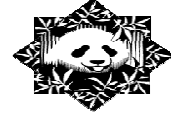
What to Consider Before You Tire-Shop

- Make sure you get a matching set of front and rear tires. Unlike car tires, you need to make sure that your motorcycle tires are a ♦matched♦ set. At a minimum, they should have complementary tread patterns, should both be either radial or bias ply, and ideally be the same make and model.
- Size matters. It's best to choose replacement tires of the same size as the motorcycle's original equipment tires.
- Remember that front and rear motorcycle tires are not designed to perform exactly the same functions ♦ and are **not** interchangeable. You'll need one front tire and one back tire of a complementary make, model and size.

Tire Safety on the Road

- Avoid riding on the shoulder or near medians where sharp objects and other tire-damaging debris tend to accumulate.
- Constantly monitor the way your motorcycle rides so you can detect any rapid air loss — and respond appropriately without delay.
- Carry a cell phone whenever you ride, in case of emergencies.

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Newsletter Editor
Reggie Baumer

Hello, Team Members

I would like to take this time to say a few things. First to Brad and Dee A Big Kudos out to you both, you guys are doing a great job on the new look of the newsletter. It looks great. By them helping to put the newsletter together for us, this is a big help to me, it will give me some time to do other things that needs to be done. So if you have anything you want to put in the newsletter it needs to be to us by no later then 6th day of the month because we will send the newsletter out by the 14th of the month. Please try to send things to be put in the newsletter. This is **YOUR** newsletter Chapter P.

I would like to give a big thanks to Bonnie and Ray for stepping up and becoming the new phone tree coordinator. So listen for that new voice on the phone. Thank you guys.

There has been a request for a call and e-mail list for all Chapter P members. So that members can get in touch with other CH-P members. So I have the info and I can do this **but if you do not want your name and info given out you need to let me know, by our gathering time. Send me an E-Mail and or a call.**

Thank you
Reggie Newsletter Editor

WEB Site by Brad Kane

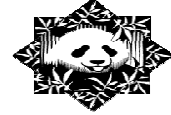
Even with the nice weather approaching, we took the time to make some changes to our WEB Site. Some of these changes were forced on us due to a change of software by our hosting company. A major update to their software really put us behind the eight ball, so to speak. Tripod our WEB hosting company did an upgrade to their WEBON software. Really messed up the site. A lot of our information just disappeared and I could not recover it.

Luckily for us, we could go back to the old software Tripod had called Trelix. We got the site back to something that looks like it did before the software update. We were not the only site that had problems. A lot of other sites had major problems. Tripod got some of them fixed but there are still major issues. We are going to be sticking with Trelix through the riding season and then we'll see how Tripod is doing with the upgrade.

While talking with Chuck and Reggie one Sunday afternoon. It was mentioned that we really should give our members a chance to post comments on the BLOG. We have now set it up so you may post comments directly to the BLOG. So let's hear some constructive comments from everyone.

One of the other things mentioned was to allow users to post new topics in the BLOG. The BLOG was never meant to be a message forum area. It was meant to

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allow one or two people to post information and then have everyone else leave comments. We have found a company that does hosting for message forums. We have started a message forum there for the chapter. Please check it out and let us know what you think. We are also open to any suggestions on new message boards for the area. Drop us an email and let us get them up and running.

We do want to mention all the information that is available for you at our WEB site. We have a great calendar program that lists all the runs and if you click on any chapter meeting, or event so that if we have a link to a WEB site or flyer that information will be displayed for you. We also have a great flyers section, plenty of photos from past events, and lots more. So do check out the WEB site.

Newsletter by Brad Kane

We thought we would give a new format look to the newsletter this month. So this is really one thing that we want to hear feedback on. Please really let us know what you think of the new look.

As you may know we have an open staff position for some one to do the newsletter. Reggie has been doing this when time permits. That explains why we don't get one every month. She stays pretty busy with the chapter director work. So if you would like to help the chapter out please let Reggie know.

Heart Attack Information How to Survive When You Are Alone

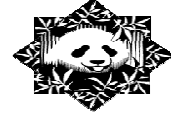
Dr. John sent us this article for our April newsletter. I felt that it is really worth a second go around for this newsletter as well.

Let's say it's 6:15 p.m. And you're driving home (alone of course), after an usually hard day on the job. You're really tired, upset and frustrated. Suddenly you start experiencing severe pain in your chest that starts to radiate out into your arm and up into your jaw. You are only about five miles from the hospital nearest your home. Unfortunately you don't know if you'll be able to make it that far.

What can you do? You've been trained in CPR but the guy that taught the course didn't tell you what to do if it happened to yourself. Since many people are alone when they suffer a heart attack, this article seemed to be in order. Without help, the person whose heart is beating improperly and who begins to feel faint has only about 10 seconds left before losing consciousness.

However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. A breath and a cough must be repeated about every two seconds without let up until help arrives, or until the heart is felt to be beating normally again.

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Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital.

Open Staff Positions by Brad Kane

As I mentioned earlier, we have the newsletter position open. We also have the WEB Master position available as well. It takes a lot people to help make the chapter run smoothly. The chapter directors have the overall responsibility but it takes many people working with them to keep the chapter running.

I'm sure that if you ever talk to Chuck and Reggie they will tell you that it takes a lot of work by a lot of people. GWRRA is a volunteer organization so if you have some skills in newsletter, or WEB Master please give us a hand. We will all benefit from this.



Marilyn Cade
Dee Kane
Brad Kane

June 4th
June 13th
June 16th

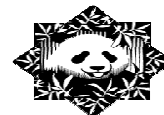


No Anniversaries this month

Senior Biker's Bar



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Washington District Staff

District Directors	Bob & Patty Spencer
Assistant District Directors	John & Barb Smith
Assistant District Directors	Gray & Diana Domas
Educators	Eric Carlson
Leadership Trainers	Mike & Lynn Briggs
Treasurers	Chuck & Deb Buell
Membership Coordinators	Carmen & Dan Weakland
Stores	Lynn Briggs
WEB Master	John & Barb Smith
Couple of the Year	Open
IOY/COY	Dan & Carmen Weakland
Vendor Coordinators	Peggy & Mike Hudnell
Newsletter Editor	Shirley & Dale Dufner

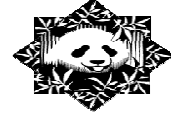
The WEB site has more information: <http://www.gwrra-wa.org>

Chapter WA-P Staff

Chapter Directors	Chuck Porter & Reggie	chapterp@comcast.com
Assistant Chapter Directors	Rick & Marilyn Cade	rpcade@comcast.com
Rider Educators	Scott & Cindy Peabody	rideredp@comcast.com
Treasurers	Brad & Dee Kane	bradkane@charter.net
Stores	Judy & Jerry Thompson	judnjer@juno.com
Phone Tree	Bonnie & Ray Tompkins	rctbit@gmail.com
50/50	Mel Neighbors	brother.mel@hotmail.com
WEB Master	Reggie & Brad	chapterp@comcast.com
Newsletter Editors	Reggie & Dee	chapterp@comcast.com
Membership Coordinator	Open	
Club Historians	Jim & Ninelle Brunelle	mijbru@msn.com
Couple of the Year	Open	
Individual of the Year	Open	
Vendor Coordinators	Open	

The WEB site has more information: <http://www.gwrrawa-p.org>

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Washington District Chapter's Gathering Information

Wk	Day	Time	Town	Chapter	Contact	Phone
4th	Saturday	8:30AM	Kent	A	Sam & Doreen Grubbs	206-718-6814
1st	Sunday	8:30AM	Bremerton	B	Jim & June Dutton	360-551-2236
2nd	Saturday	8:00AM	Everett	C	Bud & Sandy Wells	425-788-1734
2nd	Sunday	8:30AM	Aberdeen	D	Erv & Phyllis Granahan	360-249-3463
3rd	Saturday	8:00AM	Redmond	E	John & Barb Smith	206-391-6343
2nd	Tuesday	6:30PM	Lynden	H	Chet & Kathy Renskers	360-332-4765
3rd	Sunday	8:00AM	Olympia	I	Mike & Peggy Hudnell	360-426-0213
2nd	Saturday	9:00AM	Pasco	L	Alex Piper	509-546-0846
1st	Saturday	8:00AM	Toppenish	M	Ron Hafsos	509-697-4415
3rd	Saturday	8:30AM	Spokane	N	Dale & Shirley Dufner	509-924-3698
4th	Saturday	8:00AM	Port Orchard	O	Ken Smith	360-876-6737
3rd	Saturday	1:00PM	Longview	P	Chuck Porter & Reggie	360-636-0519
1st	Friday	7:00PM	Puyallup	Q	Dean & Christie Kalles	253-845-7177
1st	Saturday	9:00AM	Milton-Freewater	R	Jim Corn	509-525-1304
1st	Thursday	6:00PM	Auburn	V	Garry & Maxine Alexander	253-770-3866
1st	Saturday	8:30AM	Vancouver	X	Dee Hall & Vanora Volk	360-254-2343
2nd	Friday	6:30PM	Enumclaw	Y	Roy & Pearl McKenzie	253-862-0220
2nd	Saturday	5:30PM	Centralia	Z	Jesse & Eva Valentine	360-888-0546

Call the contact and make sure the chapter is holding their gathering before heading out. Check the district WEB site as well for the latest gathering information.

Notes: WA-I will be holding their June meeting the 19th of the month. This is Saturday not Sunday.

WA-P will not have a meeting in June do to the Oregon District Rally.

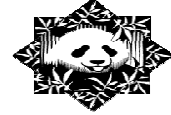
WA-B no July meeting.

WA-N no July meeting.

WA-Q no July meeting.

WA-V meeting will be July 8th instead of July 1st.

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Washington District 2010 Calendar of Events

June:

17-19 OR District Rally (Warm Springs)

17-19 WY District Rally (Rock Springs)

June 29 - July 3 GWRRA Wing Ding
(Des Moines, IA)

July:

15-17 WA District Rally (Port Townsend)

23-24 MN District Rally (Laurel)

July 30-Aug 2 Region J Rally
(Saskatoon, SK)

August:

21-22 WA-Z Chicken Run/Campout in
Centralia

26-28 Region I Rally (Tillamook, OR)

28 WA-O Whale of a Picnic

**Aug 29-Sept 2 Region I Migration to
Idaho Rally**

September:

2-5 ID District Rally (Kellogg)

3-6 WA-B Campout at the Ocean

17-19 WA-P Oyster Feed at Long Beach

October:

9 District Leadership Conference

23 WA-Q Halloween Dance in Puyallup

22-24 WA-V South Hill Mall Show

November:

6 WA-L Veterans' Day Parade

December:

11 WA-D Festival of Lights in Montesano

Oregon District 2010 Calendar of Events

July:

11 OR-I Mystery Ride

August:

8 OR-G Trivia Pursuit

September:

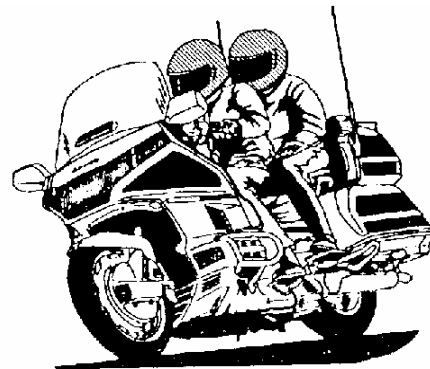
24 - 25 OR-J End of Season Campout

October:

4 OR-G Chili Cook Off

29 OR-J Halloween Party

**Please make sure you check the
respective WEB sites to be sure
that the rally information is
correct.**



Get Out and Ride