



CHAPTER -P
LONGVIEW, WA
NOVEMBER 2008



**IMPORTANT!
IMPORTANT!**
WE HAVE A NEW
GATHERING SPOT:
"THE WORKS" IN
LONGVIEW ON THE
CORNER OF 14TH AND
FLORIDA. WE WILL
HAVE A BREAKFAST
BUFFET FOR \$9.95 WHICH
INCLUDES YOUR DRINK.

CHAPTERS-INFO

NOVEMBER

REGION - I - LEADERSHIP
TRAINING- NOV- 8TH

STAFF MEETING NOV -14TH
6:00 pm

GATHERING NOV - 15TH
8:00am - BREAKFAST
9:00am - VISITATION

ANGEL TREES LUNCHON
11:30am - DRC18th

DECEMBER

CHRISTMAS PARADE
DEC 6th

STAFF MEETING
6: 00pm DEC 19th

CHAPTER-P GATHERING &
CHRISTMAS PARTY,
6:00pm DEC 20th



CHAPTER DIRECTORS
CHUCK & REGGIE

Hello All,
Happy Holidays!! I would like to apologize for this newsletter so late. It is my fault!! I'd like to take this time to let you all know we have changed the restaurant for our gathering. Due to the rising costs, we have had to find a new and less expensive site to have our meetings. We now will meet at "The Works",

The restaurant is on the corner of 14th and Florida (1073 14th Ave) in Longview. If you are coming North I-5, it the first Longview exit. You make a left on 15th Street and then you make another left on Florida. "The Works" is right there on the corner in the strip mall. We hope to see you there!!

Sad News!!

Sad to say we have lost a GWRRA member. You may or may not have known him: Micheal R. Johnson of Scappoose, Oregon. I also lost a good riding buddy and friend this past week: Rudie Bostain. They will be missed!

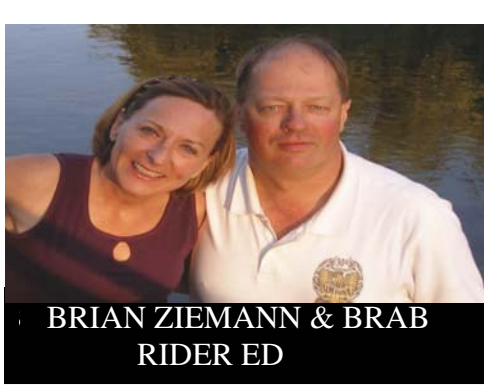
Our staff went to the region officers gathering in November. We got a lot of new information and reinforced a lot of old stuff.

We need to know how many of you are going to ride in the Christmas parade on December 6th. Do we want to make a big float or just use our own bikes and trailers?? We will discuss it at the gathering. We also need to discuss the Christmas Party. Yes or No and where would you like it?? We are running out of time to book a place. So please come with your thoughts and ideas.

Please remember at this time of year to be very careful while riding your bike. Wet roads, leaves and fogged up windows, so watch out and be careful. Keep the sunny side up!!

Warmest Regards, C, Ds Chuck & Reggie





BRIAN ZIEMANN & BRAB
RIDER ED



WE ARE LOOKING FORWARD IN BRIAN'S TEACHINGS AND HIS STORIES HE HAS TO SHARE WITH US ALL. WE GOT E-MAIL FROM BRIAN LAST WEEK AND I'M SURE YOU ALL GOT ONE TO. SO PLEASE GET THE INFO TO HIM. SO HE CAN DO HIS JOB FOR YOU.


BRAD AND DEE KANE TREASURER



IF YOU HAVE ANY QUESTION ABOUT THE CHAPTER FINANCES YOU WOULD ASK BRAD, HE WOULD BE MORE THEN HAPPY TO ANSWER. WE HOPE ALL HAS A VERY Happy Thanksgiving!!



JUDY THOMPSON

CHAPTER STORE KEEPER

SANTA LIST
FOR ALL OF YOU WHO ARE NAUGHT OR NICE
HERE ARE SOME IDES FOR CHRISTAMS GIFTS
FOR HER: "SPARKLING" PANDA PIN AND OR PANDA SCRAF
FOR HIM: CHAPTER SHRIT, MAP PATCH AND OR FLAG PATCH. IF YOU ARE INTERESTED CALL 577-6994 JUDY WOULD BE HAPPY TO HELP.





NEWSLETTER EDITOR



REGGIE BAUMER

THINGS IN THE MAKING

DEC

CHAPTER P CHRISTMAS PARTY
LONGVIEW CHRISTMAS PARADE
CHRISTMAS FOOD BOXES
PICK UP OF THE ANGLE TREES

JAN 2009

IT IS A NEW YEAR TIME TO START ALL OVER WITH SOME NEW THINGS TO DO AND SOME OF THE OLD THINGS TO DO AGAIN FUN! FUN! FUN!

HAPPY THANKSGIVEN

HELLO FROM THE NEW NEWS EDITOR, I WOULD LIKE TO HEAR FROM YOU IF YOU WOULD LIKE A HARD COPY OF THE NEWSLETTER, PLEASE SIGN UP FOR IT. YOU CAN DO THIS BY BEING AT THE GATHERING AN OR CALL ME.I WILL SEE THAT ONE GETS MAILED TO YOU. THIS NEWSLETTER IS YOURS AND IT TAKES EVERYONES INPUT TO MAKE IT WORK. ALL I'M HERE FOR IS TO PUT IT TOGETHER. TO MAKE IT WORK, WE NEED NEWS FROM YOU ALL. THINGS LIKE, AGOOD STORY, ACOOL RIDE YOU TOOK, THINGS FOR SALE (bike related) FAVORITE RECIPE, ANYTHING AND EVERYTHING YOU WANT TO SHARE. I WILL TRY MY HARDEST TO KEEP YOU INFORMED WITH THE UP AND COMING EVENTS AND RALLY'S. SO WITH THIS SAID YOU CAN SEND THING'S TO. CHAPTERP@COMCAST.NET. I NEED TO HAVE IT TURNEDIN BYE THE 2ND WED OF EACH MONTH. IF YOU CAN'T SEND EMAIL, SEND TO 117 SCOTT ST LONGVIEW WA 98632. IF I GET IT PAST THE DEADLAIN IT WILL GO IN THE NEXT MONTHS NEWSLETTER.TO ALL STAFF MEMBERS: WE WILL BE LOOKING FORWARD TO YOUR STORIES AND TIDBITS, IF YOU CAN'T SEND ME SOMETHING, PLEASE LET ME KNOW, IF I DO NOT HEAR FROM YOU, THEN YOU WILL SEE SOMETHING LIKE THIS IN YOUR SPACE (TO BUSY, DID NOT HAVE TIME). OUR MEMBERS LOOK FORWARD IN YOUR STORIES AND TIDBITS.

THANK REGGIE



COFFEE STOP

WE HAD OUR COFFEE STOP OCT 11 & 12, THIS IS ONE OF OUR BIG FUN RISER FOR THE YEAR, WITHOUT THIS MENBERS HELP IT WOULDN'T HAPPEN. SO A BIG THANK YOU TOO, JERRY, MEL, SAM, RIGK, BRIAN, JIM & NINELL, RAY & PHILLIS, BRAD & DEE AND CHUCK & REGGIE AND SOME OF THEM POLLED DOUBLE SHIFTS. GREAT JOB TO ALL.



COOKIES & COFFEE

HERE IS A HEADS UP, OUR NEXT COFFEE STOP IS APRIL 25 & 26. WE WOULD LIKE TO HAVE HOMEMADE COOKIES DONATED TO THE CHAPTER. WE WILL HAVE A SIGN SHEET FOR THIS EVENT. PLEASE DON'T MISS OUT ON THIS FUN!!



DID YOU
KNOW???

HERE IS SOME THINGS THAT YOU MIGHT LIKE TO KNOW

FAVORITE RECIPE

PEANUT BUTTER COOKIES

1 ¼ CUPS OF FLOUR
½ TSP BAKING POWDER
½ CUP SUGAR
1 EGG
½ CUP FIRMLY PACKED
BROWN SUGAR
½ CUP OF PEANUT BUTTER
1/2CUP OF BETTER
3/4TSP OF BAKING SODA
½ TSP SALT
BEAT EGGS, SUGAR,
BUTTER, AND PEANUT
BETTER TOGATHER, STIR
REMAINING INGREDIENTS
TOGATHER AND TO THE
OTHER MIXTURE.BAKE AT
375 FOR 10 TO12MIN.MAKES
AROUND36COOKIES

Army Echoes

Sep-Dec 2008

3

Law changes -- retirees now salute flag

Retired Soldiers are Still Proud! Still Serving! Congress has put Still Saluting into law for Retired Soldiers and other veterans. The 2008 National Defense Authorization Act (Public Law 110-181) changed Sect. 9, Title 4, U.S. Code, which covers "Conduct during hoisting, lowering or passing of flag." Following is that section of the U.S. Code, as reworded by the law change. Please share this information with veterans and other retired military who don't get *Echoes*.

"During the ceremony of hoisting or lowering the flag or when the flag is passing in a parade or in review, all persons present in uniform should render the military salute. Members of the Armed Forces and veterans

Retired Soldiers' Sound Off

who are present but not in uniform may render the military salute. All other persons present should face the flag and stand at attention with their right hand over the heart, or if applicable, remove their

headress with their right hand and hold it at the left shoulder, the hand being over the heart. Citizens of other countries present should stand at attention. All such conduct toward the flag in a moving column should be rendered at the moment the flag passes."



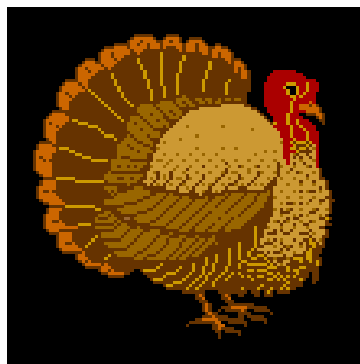
Retired SFC Esker McConnell, Resident Advisory Council Chairman at the Armed Forces Retirement Home (AFRH), Washington, salutes the flag. (Photo by Sheila Abarr, AFRH Public Affairs Officer)

HELP WANTED

WE HAVE STAFF OPENINGS ON OUR STAFF, THAT NEED TO BE FILLED.IF YOU WOULD LIKE A SPOT ON STAFF PLEASE LET CHUCK AND REGGIE KNOW.

HAPPY BRITHDAY

JOHN BRIGGS – NOV – 17



HAPPY ANNIVERSARY

NO ANN TO REPORT

Hypothermia -- Dressing for the Weather...

By David & Dori Dirig

Whether it was heading off to District Rally or enjoying this Southern California weather. I hope everyone ended their summer right. Yes, that's right, summer's over. I heard that some people had trouble with the heat on the way up to Sunnyvale, and this concerns me. Exposure is a concern, no matter the season. While it's typical to worry about this in July as you plot a route across the desert, we need to start thinking about the other end of the spectrum. Which can be just as dangerous. As we taper out of summer into fall and winter, everyone should start thinking about cold weather gear. Diversity is a luxury that we enjoy here in Southern California, where we can go from one climate to another very quickly. The dangerous part of this is that we can go from one climate to another very quickly. Did you all get that?? So you take off for a nice ride in the afternoon one Saturday in November. As you climb to higher elevations, do you have your cold weather gear? You're gonna need it, even if it's 70 degrees along the coast. Are your 'omigosh it's cold' gloves in the side bag, or they still at home in the closet making room for that trip to Phoenix in July? How about that electric vest or snow mobile suit or thermal underwear? Exposure should be a concern to each of us, no matter the time of year; it's simply a matter of what end of the spectrum that we prepare against. This summer we worried about heat and dehydration; now we need to prepare against cold and hypothermia. Hypothermia is a lower than normal body temperature. That's fine, but what does it really mean? Basically as your body loses heat, it starts to malfunction. Do your hands work as well when they're cold and numb? Your brain suffers the same problem in the cold. As you get cold, you lose the ability to concentrate and react to changing conditions. This can be fatal on a motorcycle.

How do we avoid hypothermia??

1) Don't ride! Know your limits; don't ride if it's too cold. If you're riding and you start to get cold, pull off, stop for a cup of coffee, rest your mind and your body someplace warm until you can continue. If your hands and mind are numb from the cold, are your reactions quick enough to save your life? If you have to ask, then pull over and warm up!!

2) Dress appropriately. This can mean super thick insulated gloves and electric clothing or it can simply mean wearing multiple layers for insulation. A pair of thermal underwear or silk liners for that lighter pair of gloves can make all the difference in the world. The idea is to wear multiple layers of clothing. In this way, you can add layers to keep warm or remove layers if you get overly warm. Wear multiple thin layers as opposed to one heavy layer, and the layers should fit loosely. A windproof outer layer is ideal to prevent the wind from chilling you. The idea is insulation. Combined with protection from the wind blast of riding at highway speeds. The better your insulation and protection from the wind, the less heat you lose, thus reducing your risk of hypothermia. Remember that we ride as a group. If you're cold, let us know so we can stop and let you put on additional layers. To do anything else is unsafe. Even if you don't have the needed gear on a ride, sing out. Someone in the group will most likely have additional gloves or liners or a sweatshirt to get you to where you're going safely. That's the bottom line; safety. As an individual and as a group. We need to be prepared for colder weather. It may seem silly to start talking about this in October. But go ahead and put that sweatshirt or heavier set in gloves in the bike. You (or someone else) may need it down the road.

FOR ALL information go to the GWRRA website: www.gwrra.org

Article From Gold Wing Road Riders Association, Rider Education 2008

NOVEMBER 2008

SUN MON TUE WED THU FRI SAT						
						1
2	3	4 Happy Birthday Sam Halapo	5	6	7	8
9	10	11	12	13	14	15 THANK-YOU DINNER 6:00pm
16	17 Happy Birthday John Briggs	18 salvation army luncheon & angle Tree 11: 30am	19	20	21 staff meeting 6:00pm	22 WA-P GATHERING 8:00AM
23	24	25	26	27 HAPPY THANKSGIVING DAY	28	29
30						

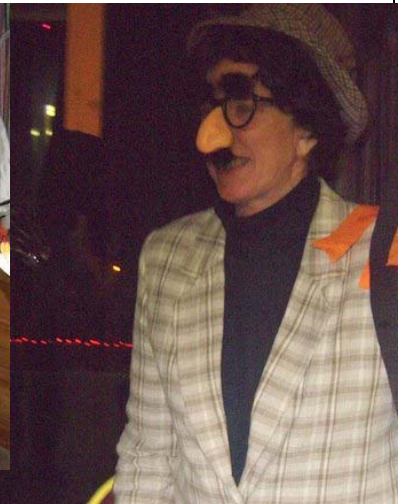
DECEMBER 2008

HAPPY HOILDAYS						
SUN	MON	TUE	WED	THU	FRI	SAT
✦ LET IT SNOW ✦ LET IT SNOW ✦	1	2	3 Happy Birthday David Vanskike	4	5	6 Christmas parade
7	8	9 Happy Birthday Jerry Thompson	10	11	12	13
14	15	16	17	18	19 Staff meeting 6:00pm	20 Christmas party & our gathering 6:00pm
21	22	23	24	25 MERRY CHRISTMAS 	26	27
28	29	30	31			



YES PANDAS LIKE TO HAVE FUN!!!!

CHAPTER-P WOULD LIKE TO SAY THANK YOU TO LISA FOR HER GREAT HALLOWEEN PARTY SHE HAD I KNOW THE PANDAS HAD A WONDERFUL TIME. I'M SORRY IF YOU DID NOT GET TO GO TO IT, SHE REALLY DID A GREAT JOB. O'YES LET US NOT FORGET THE GREAT FOOD WE ALL HAD. WE WILL LET THE PICTURES TELL THE STORY. THANK YOU AGAIN



GWRRA Chapter-P

Longview Washington

FUN FRIENDSHIP & KNOWLEDGE



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